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[**New technology helps patients sleep soundly**](#)



Ground breaking wireless technology is helping patients with breathing problems enjoy better sleep and take more control of their own treatment.

The new wireless technology remotely monitors patients on home therapy who suffer from obstructive sleep apnoea.

To read the full story, please [click here](#).

[Carers Week 6th - 12th June 2016](#)



Each year [Carers UK](#) organises the national Carers Week awareness raising

campaign. This year the theme is Carer Friendly Communities.

Your local Carers Support Service is provided through the local charities Hambleton & Richmondshire Carers Centre and Scarborough Ryedale Carers Resource.

Look out for their Carers Week activities in your area and please support them in their endeavours to raise awareness and funds that support carers who will be on your patient roll.

For activity dates and further information [please download the leaflet here.](#)

For more information about Hambleton & Richmondshire Carers Centre, please see their [newsletter](#).

Improving support for carers: call for evidence

The Department of Health [would like to learn more](#) about the lives of those who give their time and energy to support friends or family members needing care.

This includes understanding how medical professionals assess and treat the mental and physical impact of caring and how support is coordinated between the NHS, social services and other networks.

A new strategy is being developed to set out what carers need, which reflects their lives and the health and financial concerns they have about themselves, their families and those they care for.

[The call for evidence survey](#) closes on 30 June 2016.

New HRWCCG website launched



We're happy to announce that our new website is now live!

We've been working hard over the past few months to put together this new site, to make it easier for you to find the right information at the right time, providing a better experience for everyone.

We'd love to know your thoughts on the new website, so please get in touch with us if you have questions, issues or comments at hrwccg.media@nhs.net.

Transforming our Communities - Purdah

Thank you to everyone who came to our listening events over the past few months and to those who gave us some feedback about getting care closer to home.

Please note that the CCG is now in 'Purdah' until the EU Referendum on 23 June 2016. We will still be operating as usual, but we'll be slightly reducing some of our outgoing communication and engagement.

We're still available to answer any queries you may have, so please feel free to get in touch.

We'll take the time to look over your feedback from our listening events to help us form some care in the community options for consultation over the summer.

Public invited to healthcare marketplace event and CCG Annual General Meeting

Our AGM is being held at Sneaton Castle, Whitby YO21 3QN on Thursday 30 June from 2pm until 4.30pm. A marketplace event, which is open to anyone from 2-3pm will include interactive stands from local health and social care organisations.

Everyone is welcome to attend and refreshments will be available. Please spread the word! If you would like to book, please email hrwccg.hrwccgenquiries@nhs.net or call 01609 797621.

Patient Congress Meeting Summary - May 5th

Thank you to everyone who attended Patient Congress at the Richmond Cricket Club - it was a fantastic event with lots of great feedback.

A summary of the meeting can be found online [here](#). The next event is due in Whitby on 5 October 2016.

Discontinuation of the Shuttle Bus service

Our Governing Body has made the very difficult decision to end the funding of the current bus service between The Friarage Hospital, Northallerton and James Cook University Hospital, Middlesbrough.

The service will continue to run as normal until **Thursday 30 June 2016**.

We would like to thank passengers for their participation over the past few months during our recent engagement and for their feedback since the service started.

Information on alternative transport options will be available from both hospital sites, local GP practices across Hambleton, Richmondshire and Whitby and online at www.hambletonrichmondshireandwhitbyccg.nhs.uk

A full statement can be found [here](#).

Transport across Hambleton, Richmondshire and Whitby

People who have a medical need can receive transport to and from hospital through non-emergency patient transport services (PTS). Patient transport can usually be booked through a health care professional - usually your GP. They will complete an assessment and either call the transport service for you or offer you their contact details.

For more information about patient transport visit <http://southtees.nhs.uk/patients->

[visitors/patient-transport/](#) for some helpful details.

Volunteer Transport Services:

[Northallerton & District Voluntary Service Association](#), provide volunteer drivers for people who are unable to access public or private transport. To book your journey call the co-ordinator on 01609 761206 Monday to Friday 9.30 - 11.30am giving as much notice as possible.

[Richmondshire Community & Voluntary Action](#) offers a similar service, please contact them on 01642 710190 or by emailing carscheme@stokesleycca.org.uk to book transport.

If you need transport In the Whitby and the surrounding area, [Whitby and District Community Transport](#) also offer a voluntary car scheme, please call 01947 602982 to book a journey.

For further options and more information about transport please visit <https://www.hambletonrichmondshireandwhitbyccg.nhs.uk/transport>.

Help police with checks and balances

The North Yorkshire Police and Crime Panel is now seeking two volunteers from North Yorkshire or York to join it as co-opted independent members in this next phase for a four-year term from October 2016. This will include reviewing the commissioner's budget for policing, the level of council tax to be set and other key appointments.

Further information and an application form are available to download from www.nypartnerships.org.uk/pcprecruitment or call 01609 532750.

The closing date for applications is Friday, June 10th, 2016 and interviews will be held on 18th July 2016.

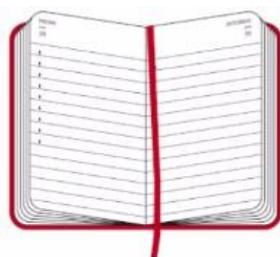
NICE opportunities (National Institute for Health and Care Excellence)

NICE are currently looking for lay members to join their committee to help update part of its guideline on hip fracture.

They are looking for patients, as well as the people who are unpaid carers and advocates for them, with an understanding of hip fracture repair and the important issues relating to it.

For further information about the role and how to apply, please visit <https://www.nice.org.uk/get-involved/join-a-committee/cgu-sc-hip-fracture>

Dates for your diary



- **Thursday 30 June** - [Annual General Meeting](#), 2pm - 4.30pm (Sneaton Castle)
 - **Thursday 6 October** - Patient Congress, 9.30am - 12pm (Whitby Mission and Seafarer's Centre)
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Contacting your Health Engagement Network representative

As a member, you can directly contact your Health Engagement Network representative:

- **Hambleton** – Ken Elliott – hambleton.hen@nhs.net
- **Richmondshire** – Jane Ritchie MBE – richmondshire.hen@nhs.net
- **Whitby and surrounding area** – Linda Lloyd – whitby.hen@nhs.net

Please help us to grow our network! Membership forms can be completed online or downloaded from our [website](#)

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