



*Hambleton, Richmondshire and Whitby  
Clinical Commissioning Group*

# HRW CCG News

**November 2016**

- [Pilot community NHS bed receives first patients](#)
- [Sustainability and transformation plan \(STP\) published](#)
- [Celebrating two years of access to rural community defibrillators](#)
- [New lung surgery service to benefit local patients](#)
- [Reeth surgery recognised for transport scheme](#)
- [New equipment and wheelchair provider](#)
- [Local obesity strategy launched by NYCC](#)
- [Patients urged to think about self-care for flu symptoms](#)
- [Christmas opening times](#)
- [Dates for your diary](#)
- [Contacting your HEN Representative](#)

[Pilot community NHS bed receives first patients along with support](#)



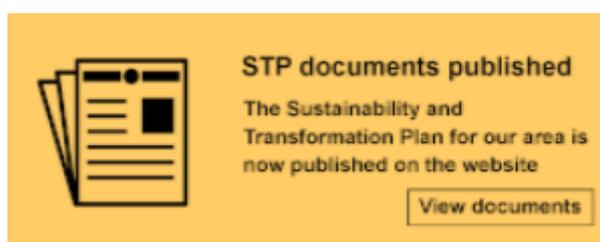
The pilot community NHS bed known as a 'step-up/step-down bed' has received its first patients along with a generous financial grant from Richmondshire District Council and support from local residents.

The pilot facility based in Sycamore Hall extra care housing at Bainbridge, is not just a bed, but an entire flat funded by the CCG. Patients who are referred to the facility by their local GP have access to their own kitchen, bathroom and living room as well as other communal areas including a garden with views of Wensleydale.

To help make patients feel even more at home, a generous sum of £500 was granted by Richmondshire District Council after an appeal by lay CCG representative and Richmondshire resident, Jane Ritchie MBE. She has also started a charity to help raise funds for similar causes across the whole area.

Following recent results of the recent public consultation on community health services called 'Transforming Our Communities' and feedback from the pilot in Bainbridge, we are now implementing these beds in other identified areas of Hambleton and Richmondshire to open before the New Year.

## [Sustainability and transformation plan \(STP\) published](#)



We, along with other NHS organisations across Durham, Darlington, Tees, Hambleton, Richmondshire and Whitby have published the draft Sustainability and Transformation Plan (STP), which was submitted to NHS England in October.

NHS England has asked commissioners and providers to work together to develop STPs as improvement plans for their area, and to work with local authorities and other partners to deliver these.

The STP identifies four areas for improvement:

- Preventing ill health and increasing self-care
- Health and care in communities and neighbourhoods
- Quality of care in hospitals
- Use of technology in health care

Over the next few months, more work will be done to develop the draft STP plan, working with local councils and other partners including the voluntary sector. There will also be more public engagement sessions.

The Draft Sustainability and Transformation Plan 2016-21, and a summary version is now available to download from our website: [www.hambletonrichmondshireandwhitbyccg.nhs.uk/sustainability-and-transformation-plan](http://www.hambletonrichmondshireandwhitbyccg.nhs.uk/sustainability-and-transformation-plan)

### Celebrating two years of access to rural community defibrillators



Access to defibrillators across Hambleton, Richmondshire and Whitby areas has increased significantly over the last two years thanks to community funding, support from the CCG and the Yorkshire Ambulance Service (YAS) NHS Trust.

Working with local communities and representatives, the CCG and YAS have now installed over 80 defibrillators in rural communities.

A defibrillator is a device that gives a high energy electric shock to the heart through the chest wall to someone who is in cardiac arrest. These can be easily recognised and if needed, used by any member of the public, without training, on a

person whose heart has stopped.

Two years ago, there were hardly any defibrillators accessible by our very rural communities. This meant that the crucial early stage in saving a patient's life was a little more difficult as ambulances have further to travel.

These defibrillators are part of the portfolio of measures the CCG is undertaking to help improve the quality of outcomes for patients following emergency care.

Since the installation of these devices, three have been deployed and used on three separate occasions. Two of these occasions saw the defibrillators used by members of the public using just the instructions and 999 support.

Residents across Hambleton, Richmondshire and Whitby areas who are interested in having a defibrillator installed into their local community can contact John Darley, Delivery Manager at the CCG by calling 01609 767600 or emailing [hrwccg.hrwcgenquiries@nhs.net](mailto:hrwccg.hrwcgenquiries@nhs.net)

### New lung surgery service to benefit local patients



An initial 150 patients per year are set to benefit from a new £95,000 investment in new lung surgery services at The Friarage Hospital, Northallerton.

New specialist imaging equipment, increased theatre capacity for lung surgery and outpatient clinics will now be provided at the North Yorkshire hospital, benefitting patients from across Hambleton and Richmondshire and further afield, who

currently face a long journey to The James Cook University Hospital in Middlesbrough.

The development has benefitted from a £14,000 donation from Friends of the Friarage, which will contribute to funding new specialist equipment needed to provide the service.

It will also help to ensure theatre space available at The Friarage can be transformed, not only to become fit for purpose, but to provide the highest possible standards in patient care and comfort.

### Reeth surgery recognised for transport scheme

Reeth Medical Centre was shortlisted at the General Practice Team of the Year award at the national General Practice Awards 2016.

The panel were impressed by the number of projects run by the small practice to improve the access and provision of health care to the community.

For the transport scheme, the practice worked in partnership with the CCG, Reeth and District Community Transport and South Tees Hospitals NHS Foundation Trust.

A project to provide free transport for housebound patients was devised, allowing them to attend the practice for routine checks such as monitoring of

### New equipment and wheelchair provider

Medequip Assistive Technology Limited will deliver the new Integrated Community Equipment Service for North Yorkshire service users and prescribers of community equipment.

Nottingham Rehab Supplies (NRS) will deliver the new Community Wheelchair Service working closely with Blatchford Clinical Services, who will deliver the clinical assessment element of the service.

Information about the community equipment and wheelchair service has been [published on the CCG's website](#)

- [Download the poster \(PDF 244KB\)](#)

heart conditions, blood tests and influenza vaccinations.

### Local obesity strategy launched by NYCC

North Yorkshire County Council's Health and Wellbeing Board has released a new strategy to tackle overweight and obese people in North Yorkshire.

The challenge in North Yorkshire is very real with over 66% of adults being overweight and obese. Over 21% of four to five year olds are measured as having excess weight.

Tackling obesity however, is not straight forward. There are many complex behavioural and societal factors that can contribute.

The strategy called 'Healthy Weight, Healthy Lives' details the issue of obesity in North Yorkshire. It describes why and where action is needed and explores how different stakeholders can contribute to tackling this agenda.

The [strategy can be found online via our website](#)

It's really worth a read!

### Patients urged to think about self-care for flu symptoms

Winter can generally bring more seasonable illnesses such as the flu-virus. November saw an increase in patients visiting their GP with flu-like symptoms which can potentially be managed at home or by visiting a local pharmacist.

The NHS and other health organisations across the world are trying to reduce the use of antibiotics, especially for conditions that aren't serious.

Look out for leaflets and posters with the 'Stay Well This Winter' logo to get advice on flu and protection against the season's biggest ailments.

Details of local healthcare options available to help you get the treatment you need as quickly as possible can be found on the Your Health website: [www.yourhealthvoice.org](http://www.yourhealthvoice.org)

## Christmas opening times

Details of local GP and pharmacy service opening times for the Christmas period will be made available in the December newsletter.

Please also note that the CCG offices will be closed from 5pm on Friday 23 December 2016 until 9am on Tuesday 3 January 2017.

CCG Patient Relations will also be closed during this time.

## Dates for your diary

- **26 January 2017** - Governing Body meeting - 10am - 1pm (Hilda Room, Sneaton Castle, Castle Rd, Whitby, YO21 3QN)

## Contacting your HEN Representative

As a member, you can directly contact your Health Engagement Network representative:

- **Hambleton** – Ken Elliott – [hambleton.hen@nhs.net](mailto:hambleton.hen@nhs.net)
- **Richmondshire** – Jane Ritchie MBE – [richmondshire.hen@nhs.net](mailto:richmondshire.hen@nhs.net)
- **Whitby and surrounding area** – Linda Lloyd – [whitby.hen@nhs.net](mailto:whitby.hen@nhs.net)

Please help us to grow our network! Membership forms can be completed online or downloaded from our [website](#)



**[Back to top](#)**

01609 767600

 @HRW\_CCG

 facebook.com/HRWCCG