



**Hambleton, Richmondshire and Whitby  
Clinical Commissioning Group**

# HRW CCG News

December 2016



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## [Working with Autism - Ben's story](#)



Some of our colleagues will be familiar with Ben who works with us at the CCG. A little while ago, we interviewed Ben and his family to talk about how much he has achieved despite his challenges and how much working in a professional environment has helped his development.

We're really proud of Ben. You can read more about Ben and his story here.

[Working with Autism - Ben's story](#)

## [GPs urge patients with flu-like symptoms to think about self-care](#)



GP surgeries across Hambleton, Richmondshire and Whitby areas have seen a rise in patients with flu-like symptoms and are urging these patients to look at self-care options.

Winter can generally bring more seasonable illnesses such as the flu-virus. November saw an increase in patients visiting their GP with flu-like symptoms which can potentially be managed at home or by visiting a local pharmacist.

You can visit your local pharmacist or supermarket to buy paracetamol or ibuprofen to lower a high temperature and relieve aches if necessary, instead of requesting antibiotics. The NHS and other health organisations across the world are trying to reduce the use of antibiotics, especially for conditions that aren't serious.

Opening times for local pharmacies and GP practices over the festive period can be found on the CCG's website:

[www.hambletonrichmondshireandwhitbyccg.nhs.uk/news/-/blogs/local-pharmacy-opening-times-over-christmas-period](http://www.hambletonrichmondshireandwhitbyccg.nhs.uk/news/-/blogs/local-pharmacy-opening-times-over-christmas-period)

[Communications and engagement dashboard](#)



We have been recording CCG communications and engagement activity in the form of a monthly dashboard.

This dashboard is circulated internally and taken to Governing Body meetings for information. These dashboards can now also be found on the CCG's website:

[www.hambletonrichmondshireandwhitbyccg.nhs.uk/dashboards](http://www.hambletonrichmondshireandwhitbyccg.nhs.uk/dashboards)

The dashboard includes monthly data for communications, engagement, Patient Relations, Freedom of Information and Parliamentary Affairs.

Tribute to Councillor Tony Hall raises in excess of £2,000



A touching concert tribute which celebrated the life of a dedicated North Yorkshire councillor has raised in excess of £2,000.

'Reasons to be Cheerful' - an afternoon of Councillor Tony Hall's favourite songs and music and the title of his blog which celebrated Northallerton life – was held at the Forum in Northallerton last month (27 November) in aid of the MRI Scanner Appeal.

In total, £2,045 was raised for the Appeal which is now in its final stages as construction work has already begun to house the new scanner in the Friarage Hospital. It is hoped that the radiology team will be scanning their first patients by April 2017.

### CCG operational plan 2017/19

The CCG's Governing Body discussed the draft Operational Plan for 2017-19 at an Extraordinary meeting on 22 December 2016. This was subsequently approved at the meeting.

The draft version of the plan can be found on the website under the Governing Body papers:

[www.hambletonrichmondshireandwhitbyccg.nhs.uk//22-december-2016](http://www.hambletonrichmondshireandwhitbyccg.nhs.uk//22-december-2016)

Don't forget to use NHS 111

### Patient Congress events 2017

Following feedback from our stakeholders, we are looking at how we could do some things a little differently.

Patient Congress events have been generally well attended, however it's clear that more will need to be done to attract the wider public. Any ideas for 2017 can be emailed to [hrwccg.feedback@nhs.net](mailto:hrwccg.feedback@nhs.net)

Dry January is coming up!



### Christmas opening times

The CCG office will be closed from 5pm Friday 23 December 2016 until 9am Tuesday 3 January 2017.

Only emergency calls will be received during this time and can be made by calling 01609 767600.

Non-urgent queries can be made by emailing

[HRWCCG.HRWCCGenquiries@nhs.net](mailto:HRWCCG.HRWCCGenquiries@nhs.net) and will be responded to when the offices re-open.

### Dates for your diary

- **26 January 2017** - Governing Body meeting - 1.30pm - 4.30pm (Hilda Room, Sneaton Castle, Castle Rd, Whitby, YO21 3QN)
- **23 March 2017** - Governing Body meeting - 1.30pm - 4.30pm (Catterick Leisure Centre, Gough Road, Catterick Garrison, DL9 3EL)

### Contacting your HEN Representative

As a member, you can directly contact your Health Engagement Network

representative:

- **Hambleton** – Ken Elliott – [hambleton.hen@nhs.net](mailto:hambleton.hen@nhs.net)
- **Richmondshire** – Jane Ritchie MBE – [richmondshire.hen@nhs.net](mailto:richmondshire.hen@nhs.net)
- **Whitby and surrounding area** – Linda Lloyd – [whitby.hen@nhs.net](mailto:whitby.hen@nhs.net)

Please help us to grow our network! Membership forms can be completed online or downloaded from our [website](#)



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